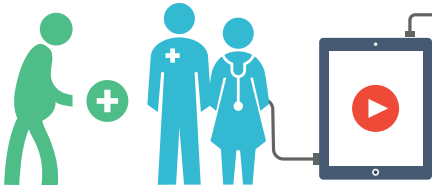
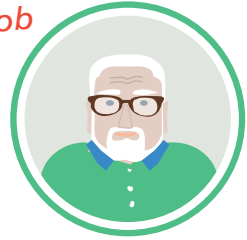


ASSESS + RESTORE BE PROACTIVE

swassessandrestore.ca

Bob is 70 years old and is recently retired. He likes to play with his grandkids but his knee arthritis causes him pain and he doesn't always make the best nutrition choices.

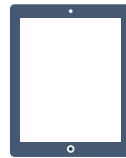
this is Bob



Bob went in for a routine visit and his health care provider used the interRAI™ AUA screener to determine if he is at risk for loss of independence.

Bob received a score of 2, which meant he is at a low risk, but could use supports.

His care provider went online to swassessandrestore.ca to find services to help Bob stay healthy.



AUA Scores
1 & 2



AUA Scores
3 & 4

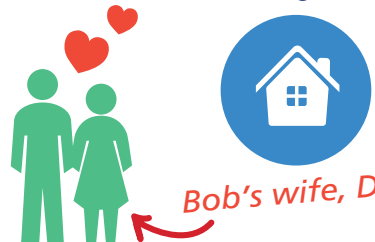


AUA Scores
5 & 6



Bob took a fitness class, a chronic pain workshop and a nutrition course.

Bob and his wife, Dot, now have a better understanding of supports available in their community. They are better able to proactively take care of their health.



Bob's wife, Dot

#beabob